

We're here for

- * parents, children, teenagers and families
- * singles and couples
- * everyone is welcome regardless of religious belief, age and nationality

What we are here for

- * for questions, worries and problems in the family, with a partner, with children, relatives and other people or with oneself
- * problems can come to light in the form of personal crisis, affecting both mind and body, home and professional life. Couple-related conflicts may lead to separation or divorce and the resulting consequences thereof.
- * questions relating to child / teen development. These can occur in the home, in kindergarten, school, college or work. The process of growing independence from the family home can also be problematic in some cases.
- * many other issues!

Who we are

We're a team of counsellors, men and women alike, all with professional psychological and educational training as well as further therapeutic qualifications.

Our secretaries are there for making appointments and for all the paperwork.

Our work here is supervised.

Each counsellor is bound by absolute discretion. The centre guarantees complete confidentiality as defined by all legal regulations.

The responsible body is the Protestant Church (Diakonieverband Ulm / Alb-Donau).

Our main premises can be found in the „Haus der Kirche“, Grüner Hof 3 in Ulm, and we have branches in Blaubeuren, Laichingen and Langenau.

What we can do

- * we offer competent support and help in the form of individual, couple, family or group discussions.
- * we'll help you to find ways to work out a better and more satisfying life-plan

Psychological counselling means

- * to engage in a conversation
- * to understand your problems, wishes and goals
- * to understand contexts in a new light
- * to work out better solutions together
- * we are here as professionals, you are open to tread new ground

The aims of counselling can be

- * to help you to learn to help yourself
- * to enable you to interact with others in a more positive way
- * to show you how to work and at the same time, enjoy
- * to show you a new meaning to life and therefore a new sense of satisfaction
- * to help you to realise your own aims and wishes
- * to help you to accept what cannot be changed
- * to help you to overcome personal and life crises
- * many more things – just ask us!

We also offer preventative measures:

Supervision, information, talks, seminars and projects on special themes.
This offer is aimed at communities, kindergartens, schools, social organisations and self help groups

Costs

- * the first appointment to settle the basic issue is free of charge. Problems relating to education / upbringing are likewise free of charge. Our costs are covered by the Alb-Donau-Kreis, the city of Ulm and church taxes.
- * these subsidies are, however, limited. We are increasingly dependent on your contributions – of course all on a voluntary basis
- * we no longer receive subsidies for couple and life counselling, and are obliged to raise a fee according to personal income and circumstance.
- * Your financial contribution should be affordable for you. Your counsellor will discuss this with you. Nobody will be turned away for financial reasons.
- * Our banking details are as below:
Psychologische Beratungsstelle,
Diakonieverband, Sparkasse Ulm,
BLZ: 630 500 00, Konto: 64 644
- * naturally we're always grateful for donations for couple and life counselling. These are tax-deductible and supported by the (Förderkreis der Psychologischen Beratungsstelle)

Donation account: Diakonie Ulm/Alb Donau,
Sparkasse Ulm, BLZ: 630 500 00,
Kto.: 210 225 62,
Verwendungszweck: Förderkreis PBS

How to get in touch

We're only a telephone call away – either for questions or to make an appointment

Office hours and details

phone (0731) 1538 – 400

fax (0731) 1538 – 413

PsychBeratungsstelle@kirche-diakonie-ulm.de

www.diakonie-ulm.de

We're also here for you either personally or on the phone in case of acute personal crisis.

Where to find us

Our main premises:

89073 Ulm, Grüner Hof 3

Our branches:

89143 Blaubeuren, Webergasse 5

Telefon (073344) 4960

89129 Langenau, Lange Straße 36

Telefon (07345)3553

89150 Laichingen, Duceyer Platz 1

Telefon (07333) 923355

Psychological Counselling Centre

for Parents
Children and Teenagers
Singles and Couples

Evangelischer

Diakonie 

Verband Ulm/Alb-Donau